



**LESSONS FROM CHINA:
A Westerner's Cultural Education**
By Beau Sides

As more westerners travel to China for business, leisure, and humanitarian service, learning cultural norms has become a necessary and indispensable for social and economic survival and immersion. Nobody understands this more than Beau Sides, author of [*Lessons From China: A Westerner's Cultural Education*](#) (Rutledge Publishing; paperback; April 7, 2014).

After over forty trips and numerous teaching tours, Sides considers China his second home. With each opportunity, Sides continues to build cross-cultural relationships between Americans and the Chinese by fostering cultural awareness. His frequent travels to the Middle Kingdom have ensured the relevancy of his writing.

In his new book, *Lessons from China*, Beau Sides shares unique insights on current Chinese culture, business, personal etiquette, and economic development through a fictional travelogue. Delicately sprinkled with bits of historical background, this easy-to-read story follows Jan Cross, a recent college graduate.

Jan is a friendly, caring, and resourceful main character who exemplifies the characteristics of a “control freak” and must work through the obstacles that come with cultural differences during her journey. To change her ultra-independent ways that stem from her own challenges as an orphan, Jan throws herself into an environment that will force her to depend on others—in a small city in China—as a university English teacher. As a first-time international traveler, she fails to anticipate cultural differences between the United States and China, getting herself an on-the-job cultural education—but not before jeopardizing her position by accidentally challenging the university with her western ideology and relentless pursuit of helping students.

Lessons from China is a heartwarming exploration of China that innocently, and often humorously, takes into account the many differences and similarities to US culture through the eyes of a young American and first-time traveler.

Readers will appreciate the accuracy and the detail of *Lessons from China* and how it reflects China as it is today. This easy read is recommended for China enthusiasts, Teachers of English as a Second Language (TESL), domestic teachers and students, business travelers, leisure travelers, non-governmental organizations (NGOs), and humanitarian organizations.

About Beau Sides



Beau Sides, author of *Lessons from China: A Westerners Cultural Education*, is the founder and president of [Global Partners in Life](#) (GPiL), a non-profit organization that helps orphaned children, special needs orphans, and disadvantaged youth with educational, humanitarian and medical needs in China. Since 2004, GPiL has been giving for the purpose of enabling young lives to prosper.

As a businessman, teacher, humanitarian, and husband, Sides enjoys the business of making life better for those around him. Formerly, he served in the tech world successfully as a manager for IBM. As his interest in Chinese culture grew, he earned the title of teacher while serving on numerous teaching tours as an English language instructor at a Chinese university and other business and language schools in China. His passion is to serve others, and doing so as the president of Global Partners in Life has been his focus and joy. Beau lives in Georgia with Leah, his beautiful wife of more than 26 years. For more information on Beau Sides, visit his website www.beausides.com.

LESSONS
FROM
CHINA
A WESTERNER'S CULTURAL EDUCATION

BEAU SIDES

FOREWORD BY MARK MILLER
Coauthor of the international bestseller The Secret



**LESSONS FROM CHINA:
A Westerner's Cultural Education**

Author: Beau Sides

Publisher: Rutledge Publishing

Publication date: April 7, 2014

Paperback; \$12.95; 198 pages

ISBN-10: 0-9859935-0-2

ISBN-13: 978-0-9859935-0-4

www.beausides.com

**An interview with Beau Sides,
author of LESSONS FROM CHINA: A Westerner's Cultural Education**

Q: Beau, what compelled you to write *Lessons from China*?

A: More than ever before, westerners are not only traveling to China for business, pleasure, and humanitarian service, but they are moving there as well. As an American who has been traveling to China for twelve years, I have had such great experiences there and I want others' experiences to be equally as great. I want to help others acclimate to the differences we inevitably face there. Writing *Lessons from China* was a golden opportunity to foster positive and long-lasting social and business relationships between two groups of people I love and respect, Americans and Chinese.

Q: What is the significance of your story's main character, Jan Cross?

A: Jan Cross is an eager professional who is making her way in the world. Her character's youth and innocence allows her to ask the cultural questions many people are afraid to ask, yet her boldness and vivaciousness allows her to take risks based on what she believes and feels. Jan shows us facets of our own western ideology and how it can play out in China's modern society. She has an obvious personal hang-up, but she lives, loves, laughs, cries, and gives with those around her. In so many ways, she represents today's new global professional and the strong contemporary woman.

Q: Tell us a little about the story's antagonist.

A: The antagonist is Dean Zhong. He's stern-faced, all business, and communist. What's worse, he's the head of the Foreign Language department and Jan's boss. There's an interesting twist to this character, and I'd hate to give it away.

Q: How is *Lessons from China* different from other travel books about China?

A: *Lessons from China* is a story of love and friendship. It's a type of *Eat, Pray, Love* story where Jan Cross falls in love—with China and the people of China. In addition to Jan's spurts of personal and professional growth, readers get to experience nuances in American and Chinese social interaction woven into the story, along with subtle broaches into philosophies and historical background.

Q: In one word, what is the main theme of *Lessons from China*?

A: Relationship.

Q: Who do you think will benefit from reading this book?

A: I believe that China enthusiasts, domestic teachers and students of Chinese culture, teachers of English as a second language, leisure and business travelers, sending/humanitarian organizations, and anyone looking for a fun-spirited novel will benefit from reading *Lessons from China*.